



Helen Dempsey-Henofer LCSW

HELEN DEMPSEY-HENOFER
COLLABORATIVE COUNSELING

Good Faith Estimate

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Your Rights Under the 'No Surprises Act'

You are entitled to receive this “Good Faith Estimate” of what the charges could be for psychotherapy services provided to you. While it is not possible for a psychotherapist to know, in advance, how many psychotherapy sessions may be necessary or appropriate for a given person, this form provides an estimate of the cost of services provided.

Your total cost of services will depend upon the number of psychotherapy sessions you attend, your individual circumstances, and the amount of services that are provided to you.

This estimate is not a contract and does not obligate you to obtain any services from the provider(s) listed, nor does it include any services rendered to you that are not identified here.

This Good Faith Estimate is not intended to serve as a recommendation for treatment or a prediction that you may need to attend a specified number of psychotherapy visits.

The number of visits that are appropriate in your case, and the estimated cost for those services, depends on your needs and what you agree to in consultation with your therapist. You are entitled to disagree with any recommendations made to you concerning your treatment and you may discontinue treatment at any time.

The fee for a 55-minute psychotherapy visit (in-person or via telehealth) is \$225. Most clients will attend one psychotherapy visit per week, but the frequency of psychotherapy visits that are appropriate in your case may be more or less than once per week, depending upon your needs.

Total estimated charges for 1 session per week

1 Week of Service \$225
13 Weeks of Service (Approx. 3 Months) \$2925
26 Weeks of Service (Approx. 6 months) \$5850
39 Weeks of Service (Approx. 9 months) \$8775
52 Weeks of Service (Approx. 12 Months) \$11700

Total estimated charges for 2 sessions per week

1 Week of Service \$450
13 Weeks of Service (Approx. 3 Months) \$5850
26 Weeks of Service (Approx. 6 months) \$11700
39 Weeks of Service (Approx. 9 months) \$17500
52 Weeks of Service (Approx. 12 Months) \$23400

You have a right to initiate a dispute resolution process if the actual amount charged to you substantially exceeds the estimated charges stated in your Good Faith Estimate (which means \$400 or more beyond the estimated charges).

You are encouraged to speak with your provider at any time about any questions you may have regarding your treatment plan, or the information provided to you in this Good Faith Estimate.

Please type name for electronic signature.:

Please enter date to confirm receipt of Good Faith Estimate.:

Client Full Name: